

**enable
ireland**

Disability Services
Life With No Limits

Sandymount Events

Winter 2025



Event	Date	Ages	Group	Description
Changing Persepctives	19/11/2025	5 +	Universal	Help parents and family members understand how to support their child's social communication differences. Provide information and practical ideas for supporting these differences using a social approach to disability. Parents also learn how to explain their child's social differences to others in a way that respects the child's neurodiversity.
Toileting Group	28/12/2025	3yrs to 5yrs	Targeted	This parent workshop will focus on readiness skills and practical strategies to support your child to develop toileting independence. The session will be facilitated by our Occupational Therapists and will cover: * Signs of toileting readiness *Addressing common challenges * Tips for creating a supportive toileting routine
Selective Eating - Parent Support Group	02/12/2025	All relevant ages	Targeted	Children with Selective Eating Profiles, ranging from significant picky eating to ARFID presentations. This group is a support for parents to help their child to build the variety of foods they will eat.
Little Lámh Workshop	08/12/2025	All relevant ages	Targeted	Parents starting with Lámh or other family members (grandparents) who only need a few signs. The aim of the workshop is to learn about communication and Lámh signs that families can use with their child (26 signs), this develops a signing environment at home.

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