

# CDNT 6 Upcoming events



Event	Date	Ages	Group	Description
<b>Cygnnet</b>	Nov & Dec 2025	5-18yrs	Targeted	A parenting support programme for parents and carers of children and young people aged 5-18 with autism. Parents of autistic children face the usual positive and difficult challenges of parenting and more. Attending Cygnnet gives parents and carers an opportunity to develop their understanding of autism and look at practical solutions to support their child.
<b>Sorting Sounds</b>	Nov 2025	4-8	Targeted	Sorting Sounds is a parent and child based support which will aim to review your child's speech and phonology skills development and offer follow up parent sessions to support you in working on your child's speech sound difference. The programme will include 1 individual session and 2 follow up parent sessions.
<b>Parent Sensory Workshop</b>	Nov 2025	12 yrs +	Targeted	Sensory Intervention Program. Includes parent training where we will come together to learn how to recognize the body's senses and how sensory processing works. This also allows families connect with other parents in a supportive environment. If you attend the training, you will receive a follow up 1:1 Occupational Therapy Intervention at the Sensory Clinic. This will be running in two sessions in November 2025.
<b>Parent Support Sessions</b>	Oct/ Nov/ Dec 2025	All ages	Targeted	The aim of these sessions is to give parents/carers some time for themselves. To provide an opportunity for parents/carers to meet and share common experiences and ideas. There are three sessions running on 3 <sup>rd</sup> October, 7 <sup>th</sup> November , and 5 <sup>th</sup> December 2025. Please contact <a href="mailto:cdnt6wicklow@enableireland.ie">cdnt6wicklow@enableireland.ie</a>

